



SAN DIEGO COUNTY COMMUNITY CORRECTIONS PARTNERSHIP MEETING

AUGUST 8, 2014



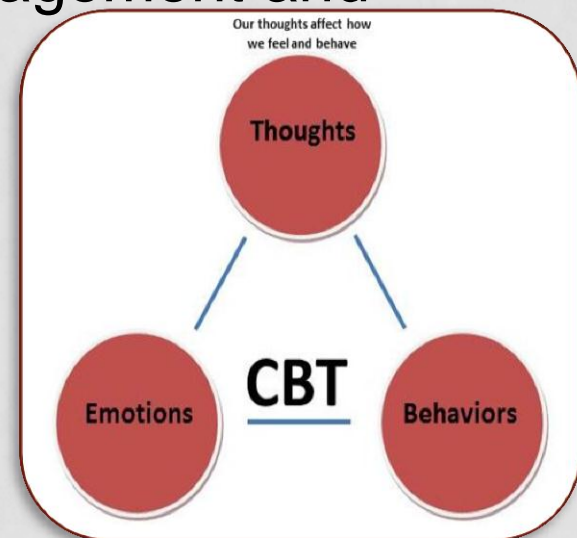
PROBATION TREATMENT UPDATE

Community Corrections Partnership

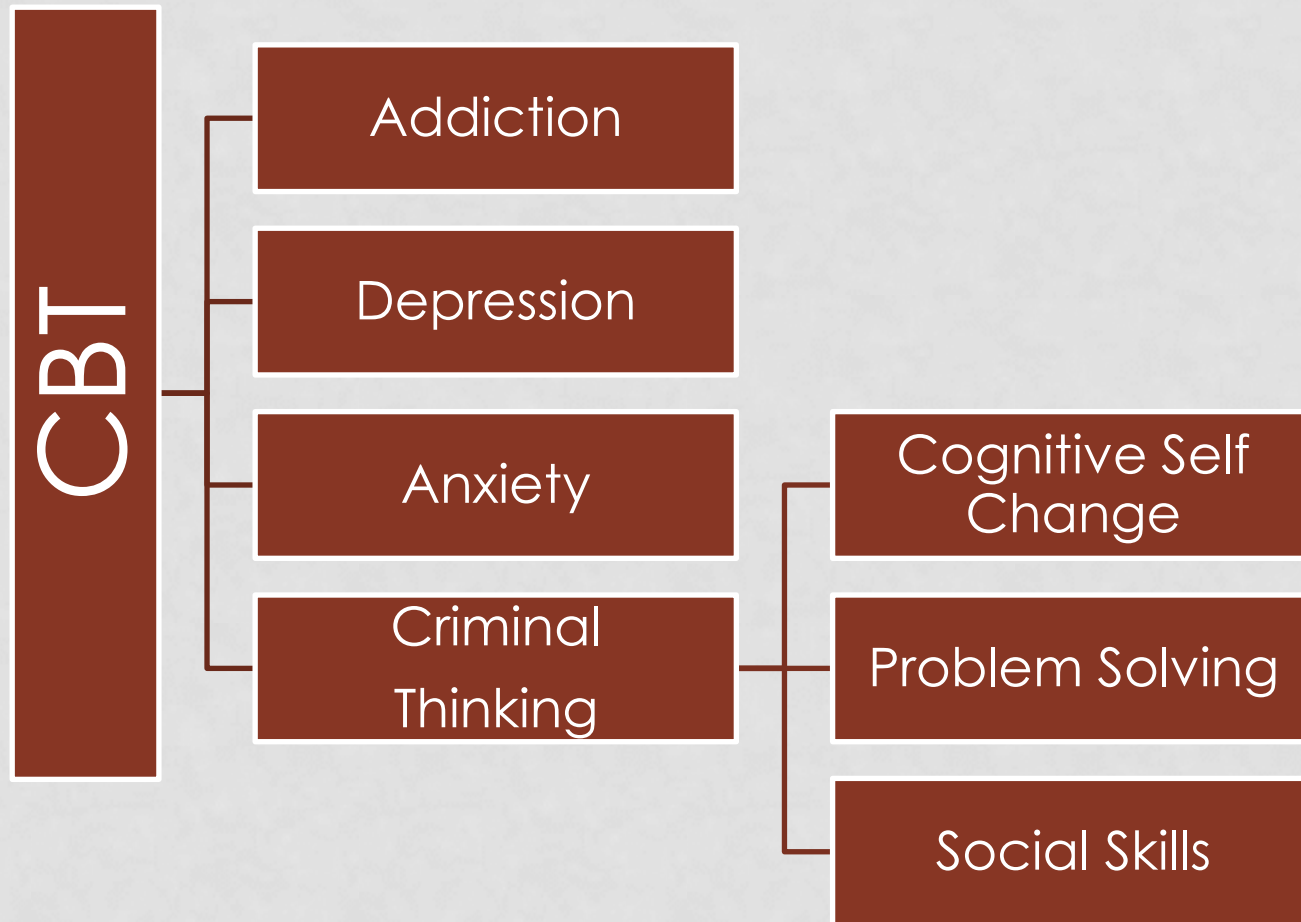
AUGUST 8, 2014

PROBATION'S COGNITIVE BEHAVIORAL THERAPY CONTRACT

- Serving approximately 600 high-risk offenders
 - AB109 population- 66.7%
 - SB678 population- 33.3%
- SAY San Diego
- CRD promotes ongoing communication
- Pay for performance reinforces engagement and retention efforts of provider



CBT AS TREATMENT PLATFORM



CBT COMPONENTS

Skills Acquisition Through:

Group and Individual Sessions

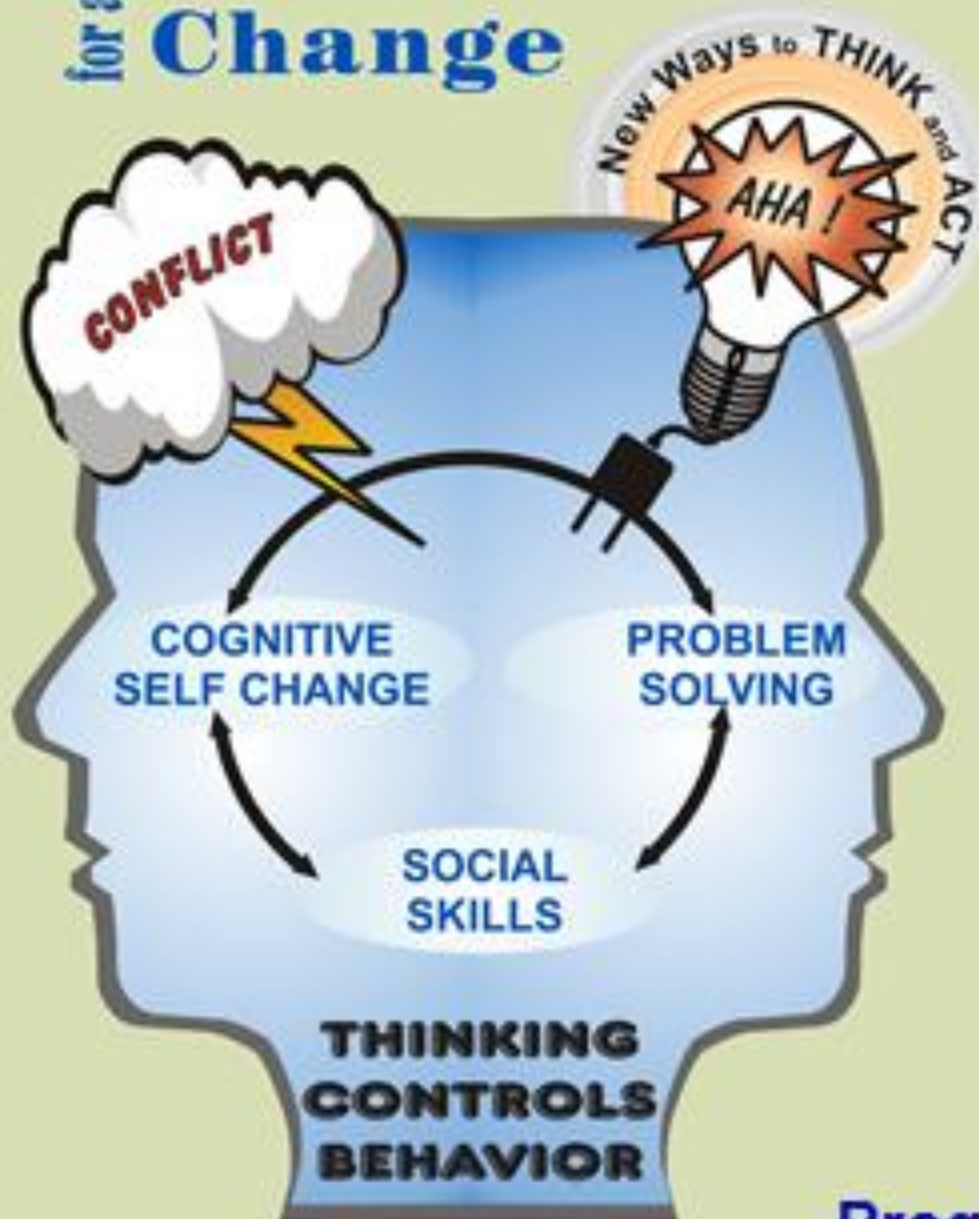
Homework

Role Play/Transfer Training

Random Drug Testing

Aftercare Sessions

Thinking for a Change



Program Organizer

THINKING CHECK-IN

Part 1 - Brief report of the situation

Part 2 - Brief report of the thoughts, feelings, attitudes and beliefs

Part 3 - Identify the risk in those thoughts and feelings

Part 4 – Find new thinking

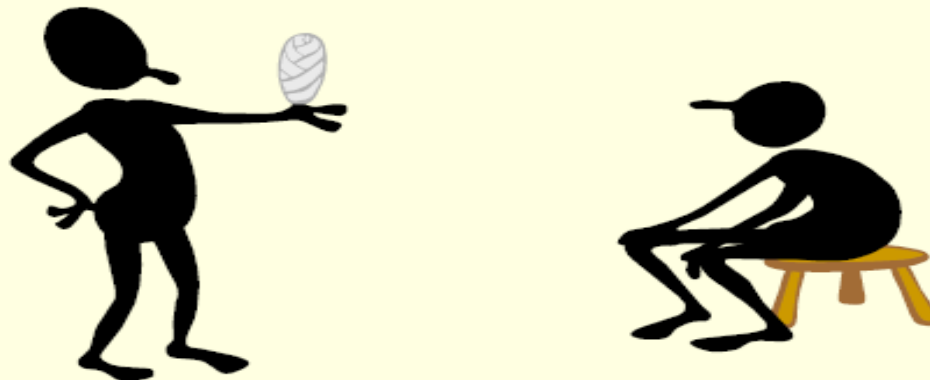
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SOCIAL SKILLS

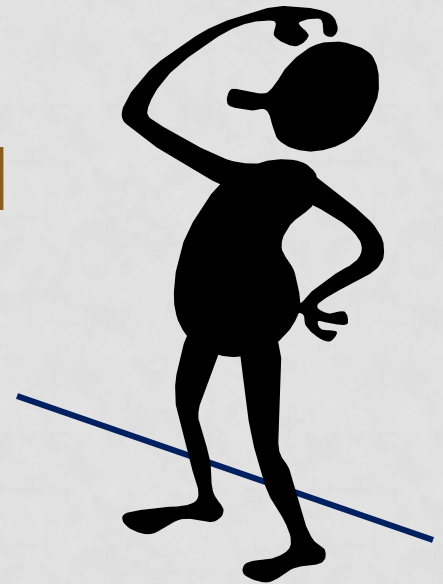
Active Listening

1. Look at the person who is talking
2. Think about what is being said
3. Wait your turn to talk
4. Say what you want to say



PROBLEM SOLVING SKILLS

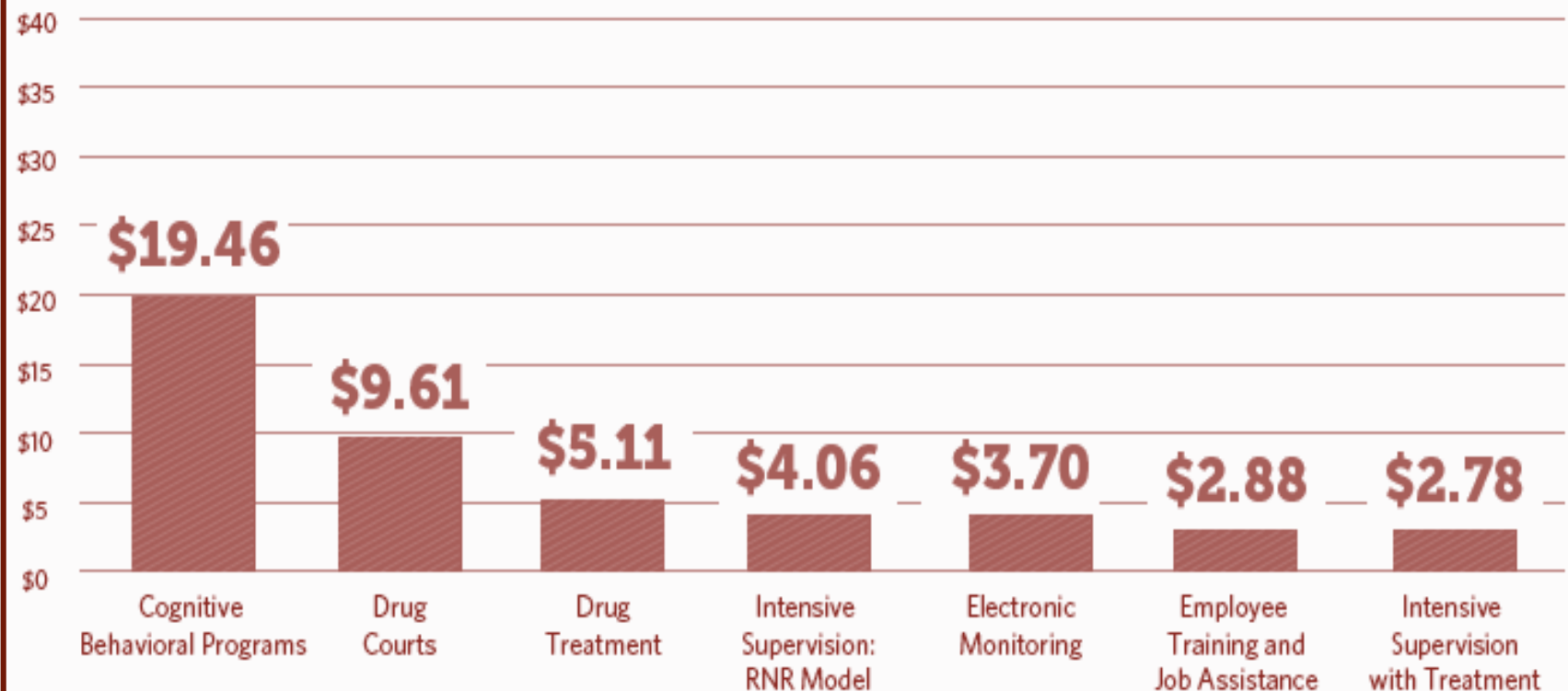
- Skill 1 – Stop and Think
- Skill 2 – State the Problem
- Skill 3 – Set a Goal and Gather Information
- Skill 4 – Think of Choices and Consequences
- Skill 5 – Make a Plan
- Skill 6 – Do and Evaluate



COST BENEFIT OF CBT PROGRAMS

Results First Iowa Conducted a Cost-Benefit Analysis of Programs for High-Risk Probationers

Projected return on investment by program



COUNTY WIDE ACCESS



TIMELINE



Cognitive Behavioral Therapy Services (CBT) A Program of SAY San Diego



Want to make a Change?

CBT program is designed to offer participants treatments that address factors such as: antisocial attitudes and behavior, anger, interpersonal skill deficits, and exposure to trauma symptoms.

Cognitive Behavioral Therapy Services offers the following benefits:

- Personal Goal Setting
- Social Skills Development
- Positive communication skills to strengthen relationships
- Individualized support

CBT is offered at the following locations with plans to expand services throughout San Diego County.

4275 El Cajon Blvd. San Diego CA 92105

8755 Aero Dr. San Diego CA 92123

Program sites are accessible with public transportation.

Hours of operation vary.

Probation referral required.

Think!

Change!

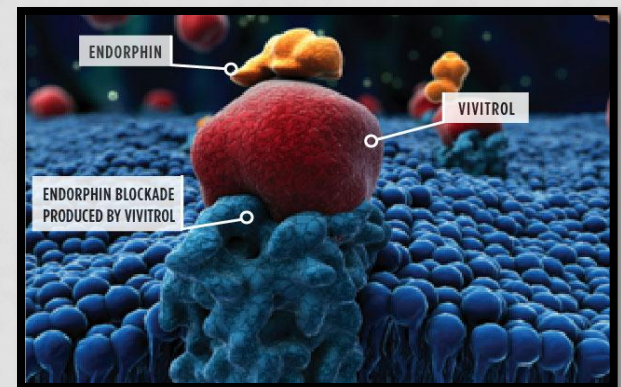
Grow!



MEDICATION ASSISTED TREATMENT

VIVITROL

- FDA approved (Injectable form of Naltrexone)
- VIVITROL is a pharmacy benefit available to Medi-Cal beneficiaries under the mandates of AB 109
- Non-narcotic, non-addictive, no diversion potential
- Monthly IM injection increases adherence
- Mu-receptor antagonist
 - Blocks high, decreases craving



ENHANCING TREATMENT IN A DRUG COURT SETTING: AN EVALUATION OF SAN DIEGO COUNTY'S PILOT VIVITROL PROJECT

DRUG TEST FOR THE MEDICATION NON-COMPLIANT, COMPLIANT VIVITROL GROUPS AND THE COMPARISON GROUP

	Non-Compliant (<6 doses)	Compliant (6+ doses)	Comparison
Positive Any Drug	21%	0%	79%
Positive Opiate	14%	0%	36%
TOTAL	14	5	17

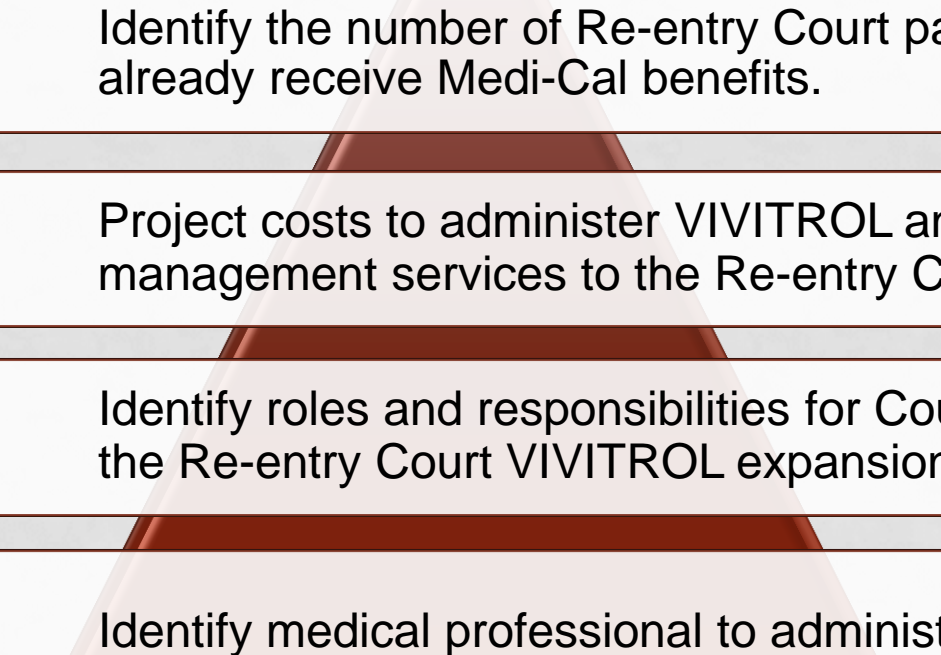
SOURCE: SANDAG 2014

VIVITROL UPDATE

- A Residential Treatment Program and a Regional Recovery Center in the North Coastal region have agreed to participate in the AB109 VIVITROL Pharmacy Benefit program.
- Mental Health Systems Inc. has agreed to temporarily expand their services to the Re-entry Court for the AB109 VIVITROL Pharmacy Benefit program.
- The VIVITROL representative will provide a presentation to BHS staff, Drug Court program staff, and the Medical Directors from the Providers participating (V of A, MITE, and Mental Health Systems, Inc.)



VIVITROL- NEXT STEPS

- 
1. Identify the number of Re-entry Court participants that are eligible or already receive Medi-Cal benefits.
 2. Project costs to administer VIVITROL and provide case management services to the Re-entry Court participants.
 3. Identify roles and responsibilities for County partners involved in the Re-entry Court VIVITROL expansion.
 4. Identify medical professional to administer VIVITROL injections.



Arrests of Individuals Under Probation Supervision

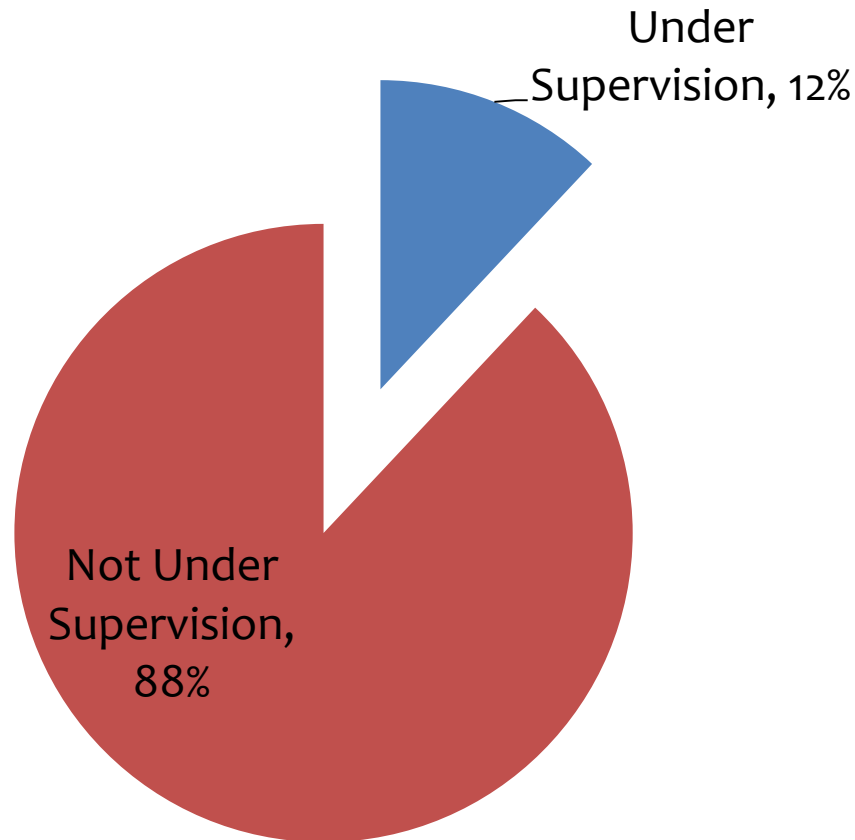
Cynthia Burke, Ph.D.

Criminal Justice Research Division

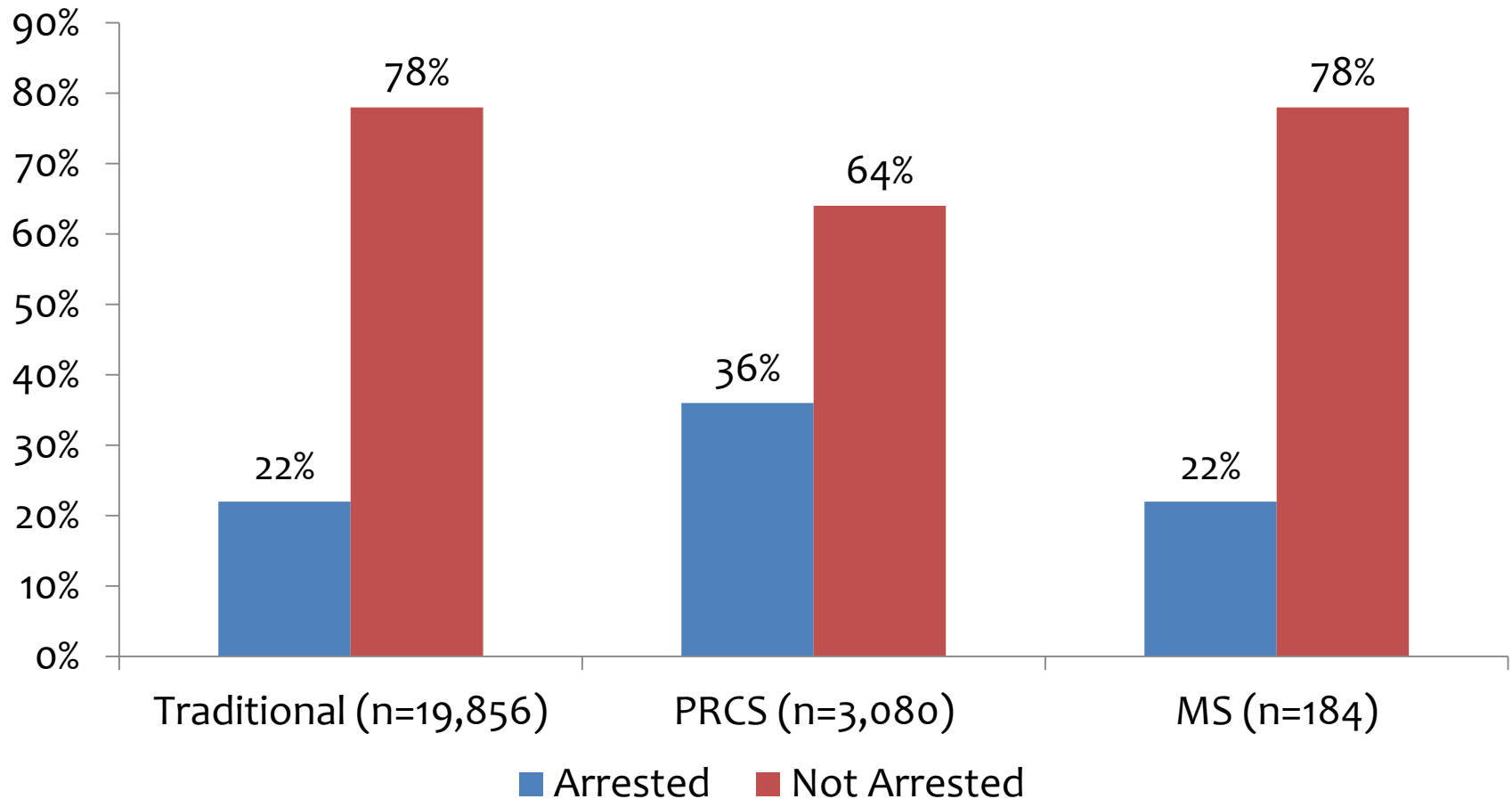
Overview

- How many arrests in 2012 were of someone under traditional probation supervision or who was a realigned offender?
- How many probationers and realigned offenders were arrested while under supervision?
- What were the characteristics of those arrested under supervision?

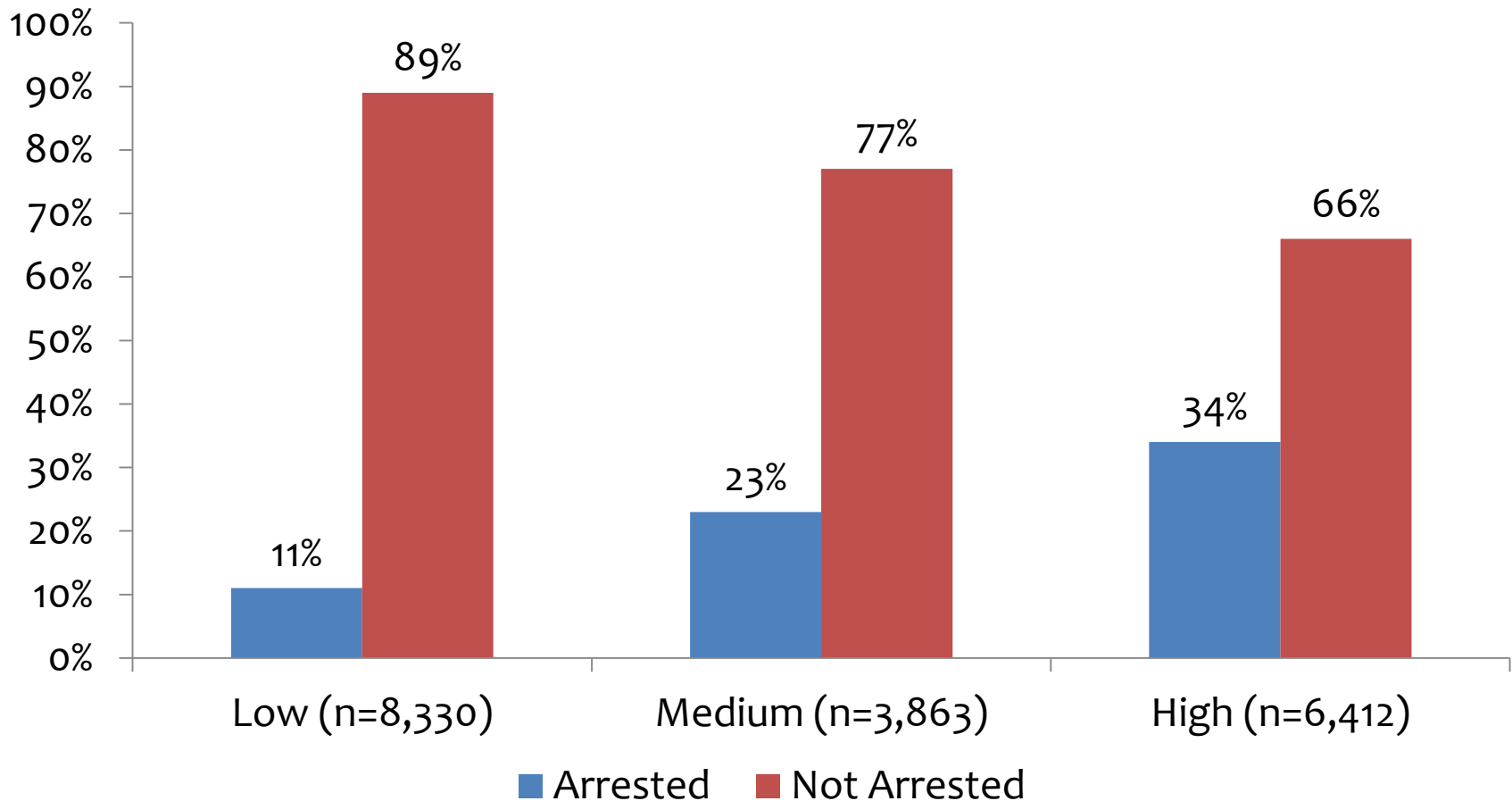
Most Arrest of Someone Not Under Probation Supervision



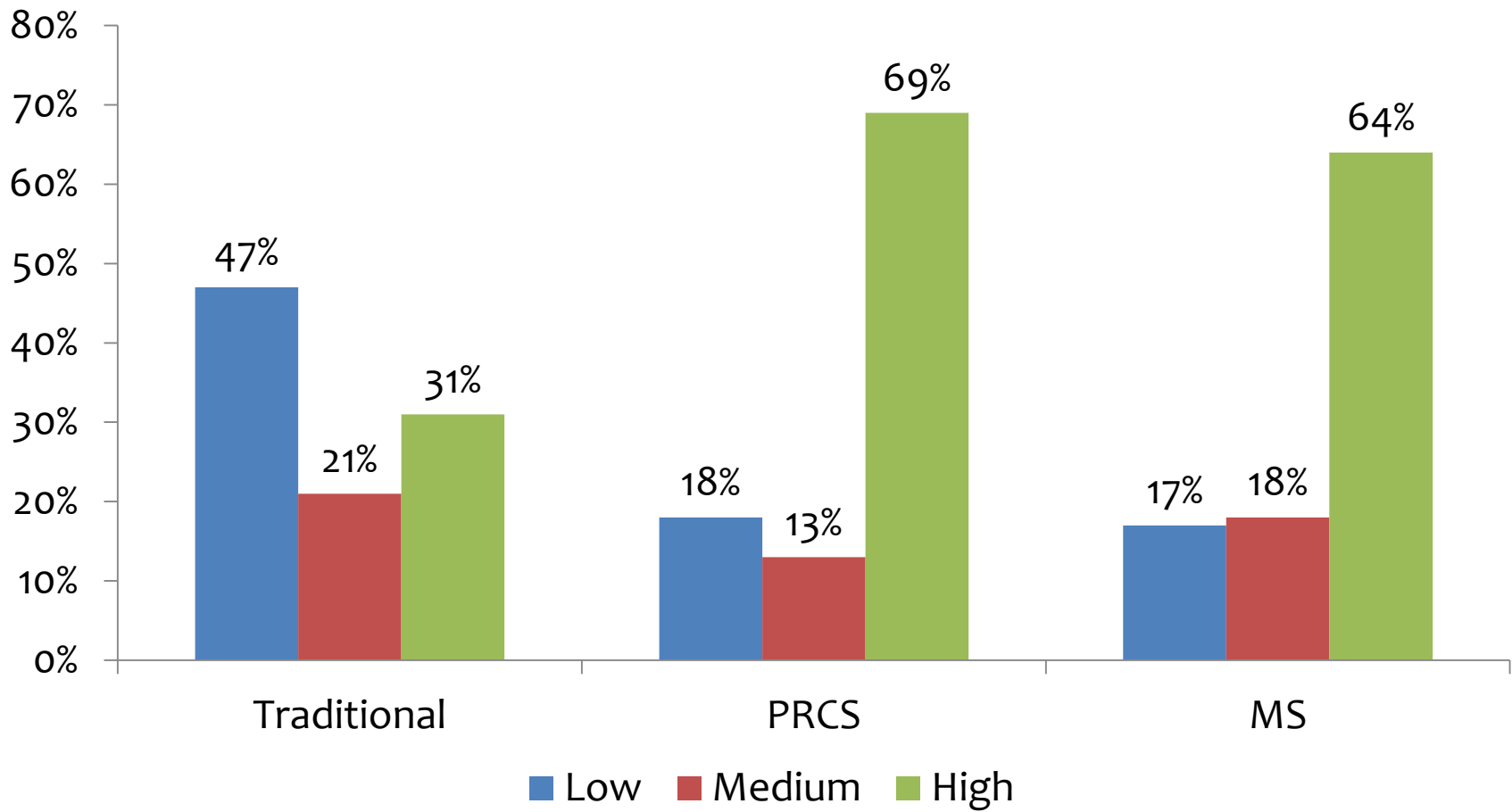
Variation in Arrest Rates by Type of Offender



Those Assessed as High Risk Most Likely to be Re-arrested



Realigned Offenders More Likely to Be Rated as High Risk



Risk Level Strongest Predictor of Re-Arrest

Male	1.14
Most recent conviction drug	1.14
Most recent conviction property	1.36
Most recent conviction weapons	1.40
Medium risk	2.32
High risk	4.11

What This Study Didn't Do:

- Look at how many arrests are of someone EVER under probation supervision
- Look at anyone under other types of supervision
- Follow individuals after they left supervision



Arrests of Individuals Under Probation Supervision

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THANK YOU

Community Corrections Partnership

AUGUST 8, 2014